

## ***I suspect that my son or daughter has autism spectrum disorder (ASD): What should I do now?***

- Explore the benefits and drawbacks of having an assessment and getting a diagnosis. This is especially true for adults who suspect they have ASD.
- Benefits of an ASD diagnosis: promotes an understanding of the individual's strengths and challenges; facilitates education and advocacy; to gain access to ASD support groups, programs, services, and resources; and to qualify for funding and educational / workplace support and accommodations.
- A drawback to consider is having the individual receive a "label" and others may have false beliefs/ideas about ASD.
- If you have concerns that your child has symptoms of autism, speak to your family physician about them. He/she can refer you to a developmental paediatrician or the Autism Spectrum Disorder (ASD) Diagnostic Clinic at the Child Development Centre (Alberta Children's Hospital).
- In many instances, you will require a clinical report to confirm whether or not your child has autism.

## RESOURCES

The Resource Centre (a Sinneave Family Foundation initiative) does not endorse or guarantee the exhaustive, complete, accurate or up-to-date nature of information provided and does not assume any risk for the outcome of information or referrals provided.

### **Affinity Psychology Group**

A family psychology group that offers psychological services across the lifespan including ASD Diagnosis, Assessment and Counselling.

**Phone:** 403.244.9616 ext. 100  
**Address:** 2804 - 16 Street SW, Calgary, AB T2T 4G4  
**Email:** info@AffinityCalgary.ca  
**Website:** affinitycalgary.ca

### **Autism Spectrum Disorder Diagnostic Clinic**

Provides diagnostic assessment and/or consultation services for pediatric patients 0 - 18 years of age with a question of ASD. Requires a physician referral.

**Website:** fcr.albertahealthservices.ca/professional/cds

### **Dr. Joy Hauck Clinical Psychologist**

Dr. Hauck specialises in the diagnosis of ASD, with additional services provided in relation to intellectual and behavioural assessments with preschool and school-aged children. Appointments are offered in the family home.

**Phone:** 403.804.9495  
**Website:** joyhauckpsychology.ca

## Integrated Services in Education (ISE)

ISE offers high quality psycho-educational assessments for school age children. Assessment services include evaluations for learning disabilities, neuropsychological functioning, giftedness, attention deficit/hyperactivity disorders, autism spectrum disorders, behaviour and emotional problems, and developmental disabilities, as well as IQ testing.

**Phone:** 403.220.2851

**Address:** Education Tower Room 408, University of Calgary, 2500 University Drive NW, Calgary, AB T2N 1N4

**Email:** ise@ucalgary.ca

**Website:** werklund.ucalgary.ca/ise

## Inspire Child Psychology

Services offered by Dr. Adam McCrimmon and Dr. Emma Climie include ASD diagnosis and psycho-educational assessments.

**Email:** info@inspirechildpsychology.ca

**Website:** inspirechildpsychology.ca

## Koru Psychology

Private psychology practice in the Calgary area. Offers autism, IQ, and psycho-social assessment. In addition to assessment, Koru offers direct therapy services, parent and family workshops and education, individual and family counselling, and research development.

**Phone:** 403.650.1616

**Address:** 100, 2107 Sirocco Drive SW, Calgary, AB T3H 5P1

**Email:** buzankopsyc@live.ca

**Website:** koruppsychology.ca

## Psychologists' Association of Alberta (PAA)

**Phone:** 780.424.0294

**Address:** Unit 103, 1207 – 91 Street SW, Edmonton, AB T6X 1E9

**Website:** psychologistsassociation.ab.ca

## South Calgary Assessment and Treatment Services

Sharon Blott, Registered Psychologist, provides assessment and diagnosis of ASD. She includes a full battery of tests including the ADI-R and ADOS-II. Her colleague, Paloma Scott, Registered Provisional Psychologist provides therapeutic treatment to children and adults.

**Phone:** 403.612.3396

**Address:** Fish Creek Executive Centre, 205, 259 Midpark Way SE, Calgary, AB T2X 1M2

**Email:** shblott@telus.net

**Website:** sharonblott.com

## Understanding Asperger's and an Asperger's Diagnosis

Author—Tony Attwood

Muses about his own experience with an Asperger's diagnosis.

**Website:** tonyattwood.com

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