

*I suspect that my son or daughter has autism spectrum disorder (ASD): What should I do now?*

- Explore the benefits and drawbacks of having an assessment and getting a diagnosis. This is especially true for adults who suspect they have ASD.
- Benefits of an ASD diagnosis: promotes an understanding of the individual's strengths and challenges; facilitates education and advocacy; to gain access to ASD support groups, programs, services, and resources; and to qualify for funding and educational / workplace support and accommodations.
- A drawback to consider is having the individual receive a "label" and others may have false beliefs/ideas about ASD.
- If you have concerns that your child has symptoms of autism, speak to your family physician about them. He/she can refer you to a developmental paediatrician or the Autism Spectrum Disorder (ASD) Diagnostic Clinic at the Child Development Centre (Alberta Children's Hospital).
- In many instances, you will require a clinical report to confirm whether or not your child has autism.

## RESOURCES

The Resource Centre (a Sinneave Family Foundation initiative) does not endorse or guarantee the exhaustive, complete, accurate or up-to-date nature of information provided and does not assume any risk for the outcome of information or referrals provided.

### Affinity Psychology Group

A family psychology group that offers psychological services across the lifespan including ASD Diagnosis, Assessment and Counselling.

**Phone:** 403.244.9616 ext. 100  
**Address:** 2804 - 16 Street SW, Calgary, AB T2T 4G4  
**Email:** [info@AffinityCalgary.ca](mailto:info@AffinityCalgary.ca)  
**Website:** [affinitycalgary.ca](http://affinitycalgary.ca)

### Autism Spectrum Disorder Diagnostic Clinic

Provides diagnostic assessment and/or consultation services for pediatric patients 0 - 18 years of age with a question of ASD. Requires a physician referral.

**Website:** [fcr.albertahealthservices.ca/professional/cds](http://fcr.albertahealthservices.ca/professional/cds)

### Dr. Joy Hauck Clinical Psychologist

Dr. Hauck specialises in the diagnosis of ASD, with additional services provided in relation to intellectual and behavioural assessments with preschool and school-aged children. Appointments are offered in the family home.

**Phone:** 403.804.9495  
**Website:** [joyhauckpsychology.ca](http://joyhauckpsychology.ca)

### Integrated Services in Education (ISE)

ISE offers high quality psycho-educational assessments for school age children. Assessment services include evaluations for learning disabilities, neuropsychological functioning, giftedness, attention deficit/hyperactivity disorders, autism spectrum disorders, behaviour and emotional problems, and developmental disabilities, as well as IQ testing.

**Phone:** 403.220.2851

**Address:** Education Tower Room 408, University of Calgary, 2500 University Drive NW, Calgary, AB T2N 1N4

**Email:** [ise@ucalgary.ca](mailto:ise@ucalgary.ca)

**Website:** [werkklund.ucalgary.ca/ise](http://werkklund.ucalgary.ca/ise)

### Inspire Child Psychology

Services offered by Dr. Adam McCrimmon and Dr. Emma Climie include ASD diagnosis and psycho-educational assessments.

**Email:** [info@inspirechildpsychology.ca](mailto:info@inspirechildpsychology.ca)

**Website:** [inspirechildpsychology.ca](http://inspirechildpsychology.ca)

### Koru Psychology

Private psychology practice in the Calgary area. Offers autism, IQ, and psycho-social assessment. In addition to assessment, Koru offers direct therapy services, parent and family workshops and education, individual and family counselling, and research development.

**Phone:** 403.650.1616

**Address:** 100, 2107 Sirocco Drive SW, Calgary, AB T3H 5P1

**Email:** [buzankopsyc@live.ca](mailto:buzankopsyc@live.ca)

**Website:** [koruppsychology.ca](http://koruppsychology.ca)

### Psychologists' Association of Alberta (PAA)

**Phone:** 780.424.0294

**Address:** Unit 103, 1207 – 91 Street SW, Edmonton, AB T6X 1E9

**Website:** [psychologistsassociation.ab.ca](http://psychologistsassociation.ab.ca)

### South Calgary Assessment and Treatment Services

Sharon Blott, Registered Psychologist, provides assessment and diagnosis of ASD. She includes a full battery of tests including the ADI-R and ADOS-II. Her colleague, Paloma Scott, Registered Provisional Psychologist provides therapeutic treatment to children and adults.

**Phone:** 403.612.3396

**Address:** Fish Creek Executive Centre, 205, 259 Midpark Way SE, Calgary, AB T2X 1M2

**Email:** [shblott@telus.net](mailto:shblott@telus.net)

**Website:** [sharonblott.com](http://sharonblott.com)

### Understanding Asperger's and an Asperger's Diagnosis

Author—Tony Attwood

Muses about his own experience with an Asperger's diagnosis.

**Website:** [tonyattwood.com](http://tonyattwood.com)

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